



2019
11th-13th Oct
9am-5pm

Upper Moutere near Nelson, NZ (2nd Training)

WHAT IS BAVX

Bal A Vis X is a series of Balance / Auditory / Vision / eXercises, of varied complexity, most of which are deeply rooted in rhythm. These exercises require full body coordination and focused attention. The program utilises sand filled bags, racquetballs, and balance boards.

It demands cooperation, promotes self challenge and fosters peer teaching. It is school friendly and just plain fun.

WHO COULD ATTEND

PT's, OT's, Brain Gym Instructors, Teachers, Counselors, Neurologists, Recreational / Educational / Speech Therapists, Physical Education Teachers, Parents and Students.

Once trained, adults can use BAVX with their own students / children/ clients / patients – in their own settings.

BAVX

Bal A Vis X is for every student. It is effective for students who are labelled:

- Dyslexia and dyspraxia – cognitive integration improve
- Behaviourally disordered – behaviour “settles”
- ADD / ADHD – impulsivity decreases and attention span increases
- Gifted – physical coordination improves and stress headaches diminish
- Regular – academic success improves yet requires less effort

COURSE DETAILS

Date: 11th - 13th OCT 2019

Time: 9am - 5pm

Fees: NZD\$450.00 (Early Bird price before 12th Sept 2019)
NZD\$500.00 (Regular price)

Venue: Upper Moutere School. Main Road Upper Moutere

Presented by certified
Bal-A-Vis-X Trainers in S.E.A,
Sumiati Said & Hadi Chua

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